

SEPT.  
2009

## COMPOSITE COMMITTEE MONTHLY NEWSLETTER

### PETE'S DREAM

Pete Crankshaw a former Fabco employee has finally realized his dream. Those familiar with Pete know all too well how fixated he had become on opening a sports training facility over the past several years.

After many trips to the drawing board, he and his partner Rick Arboleya finally settled on a unique concept featuring synthetic ice, batting cages plyometric fitness equipment and more.

With nearly 10,000 square feet, there's plenty of room to accommodate groups or individuals. The facility, located at 4375 County Road 42 has drawn the attention of the professional athlete as well. Michael Lieghton of the Carolina Hurricanes and New York Islander draft pick Matt Martin have both trained at the centre this summer.

Crankshaw says that in spite of the professional involvement, his goal is to help local talent reach their potential. "We've kept our prices low because we know how bad the economy in Windsor is right now". Packages range in price to fit any budget. Pete would like to encourage all his former co-workers to come and view the realization of his years of perseverance.



### I USED TO BE.....LOST IN THE WOODS

Several years ago I lost my job at Standard Induction Castings due to the plant closing. Like so many others in similar circumstances, I felt lost in the woods with no way out. I stumbled around trying to find a quick way out of the darkness. I hit lots of bumps and fallen trees which blocked my way.

I am happy to report that I found my way out of the woods. The sun is shining once again. How did I do it? I kept picking myself up. I kept believing in myself. I asked lots of questions and learned to truly listen to the stories of others who were in the same situation.

Re-training is not an easy step to take especially for someone like me who is fifty something. Was it scary? Of course it was! One of the rules I live by is, when in fear, forge ahead. I refuse to allow fear to hold me back from anything I see as a positive step in my life.

Today I am pleased to share with you that not only did I graduate but I was also chosen as valediction which was a very special honour. Within a month of graduation I landed a job at SPC Eagle Truck Driving and Heavy Equipment Training School as office manager. I so enjoy my new job and all the great students I am meeting.

You are probably familiar with the old saying, "when one door closes another opens." Often we look so long and so regretfully at the closed door that we fail to see the one that has opened for us. I am grateful to be out of the darkness of the woods and wish sunshine for each and every one of you!



#### Inside this issue:

What's on in September	2
Employment Q & A: "Ask Sue"	3
Contact Information Unemployment Help Centre Workshops	4

# What's on in September

## For Your Fur Kids Dog Wash and BBQ

Venue: 4126 Walker Road, Windsor  
For Your Fur Kids will host a dog wash & bbq with proceeds to benefit the Humane Society! In addition, there will be vendors providing their products to visitors and, professional photographer Angie Chauvin has scheduled Take 3 of her Pet Pix between 10am and 4pm! Please visit For Your Fur Kids at 4126 Walker Road any time throughout the day to help support the Humane Society!  
Cost:  
Hours: 10am-5pm  
Phone: 519-966-5751 Ext.23  
E-mail: [development@windsorhumane.org](mailto:development@windsorhumane.org)  
[www.windsorhumane.org](http://www.windsorhumane.org)  
From: Sep 12 2009 To: Sep 12 2009



## Kids Health Day 2009

Venue: Howard & Tecumseh Plaza 400 & 600, Windsor  
Bring the kids out for fun and free vision, dental, orthodontal, spinal & speech and language screenings. Free BBQ, fire truck, Health Information displays  
Cost:  
Hours: 11:00am to 3:00 pm  
Phone: 519-252-5556  
E-mail: [kidshealthday@yahoo.ca](mailto:kidshealthday@yahoo.ca)

## Essex-Kent Cage Bird Society-34th Annual Show

Venue: Fogolar Furlan Club Udine Building, 1800 North Service Road, Windsor  
11th Eastern Canadian Classic. Many colours, types and varieties of Canaries, Finches, Budgerigars, Parrots, Lovebirds and Cockatiels. Competition, vendors, raffles and sales. Come meet the breeders of these lovely birds.  
Cost: \$2  
Hours: Saturday 3 to 6 - Sunday 10 to 3  
Phone: 519-948-6398  
[www.essexkentcbs.com](http://www.essexkentcbs.com)  
From: Sep 26 2009 To: Sep 27 2009



## The Tour di Via Italia Cycling Races

Venue: Erie Street, Windsor  
This will be the 51st year of the Tour di Via Italia Cycling Races! Cyclists come from all over Ontario and Canada, Michigan and the United States for the late afternoon Pro Cycling Event. In the morning, there are several children's fun races followed by a number of competitive cycling events for Junior, Women, Master cyclists and more. Prize money for top cyclists in the competitive categories makes for exciting action!  
Cost:  
Hours: from 11am  
Phone: 519-969-5690  
[www.tourdiviaitalia.com](http://www.tourdiviaitalia.com)  
From: Sep 6 2009 To: Sep 6 2009

## Windsor Terry Fox Run/Walk 2009 - 10 K

Venue: Dieppe Gardens park, Windsor  
Annual Terry Fox Run/Walk for Cancer Research. Registration is 8:00-9:00 across from Caesars Windsor. Participants can run, walk, bike, wheelchair, or in-line skate 10 km along Windsor's beautiful waterfront park system. Family Fun - Everyone Welcome. No minimum pledge required. Watch for a variety of Terry Fox community events over the summer months.  
Cost:  
Hours: 9:00 a.m. - 2:00 p.m.  
Phone: 519-944-5136  
[www.terryfoxrun.org](http://www.terryfoxrun.org)  
From: Sep 13 2009 To: Sep 13 2009



# EMPLOYMENT QUESTIONS & ANSWERS

## “ASK SUE”

Frequently I hear the same questions over and over. Maybe my answers will be of interest. If you have a question that you wish to see answered in this space feel free to call your Labour Adjustment Committee representative and submit your question.

**QUESTION:** I don't have to make a decision on a new career goal right now do I? (After all the courses that interest me at St Clair College don't start until Sept. 2010)

**ANSWER:** St Clair College has been advising people that if they want to be considered for a September 2010 course, they need to apply for their preferred course no later than 05 February 2010. Some of the courses have proven to be so much in demand that they must try to select 20 suitable candidates from literally hundreds of applicants. That is why you will see for a course like “Paramedic”, a questionnaire is sent to all applicants to help the college in the selection process. This questionnaire outlines at least six further qualifications that the college considers when trying to narrow down the most suitable candidate.

**QUESTION:** What do I do between now and September 2010? My employment insurance may exhaust before then.

**ANSWER:** The sooner you have a “plan of action” in place, the better it is for you. For one thing, you will feel more in control of your life and what will happen in your future. Secondly, the counsellors that you meet at the service provider \*(see list below) will have more time to help those who really aren't sure what they want to do for a second career. They will also have time to assess how well thought out your plan is, and whether you have given enough consideration to what you want to do.

**CONSIDERATIONS:**

- ⇒ Do you know what kind of wages you would earn in your newly chosen career?
- ⇒ Do you know if your newly chosen career will continue to be “in demand” in the future?
- ⇒ Are there jobs available locally, or will you need to consider relocating for this new career?

These considerations mean that you need to find some Labour Market Information that is supportive of your new career goal. After all you don't want to spend a lot of time, work and money to obtain a new career if it won't help you earn a suitable wage or provide steady employment in the future. The counsellors at any of the service provider offices as well as peer counsellors and myself, from the Community Labour Adjustment Services office can help you find this kind of information.

The long gap between now and September 2010 may mean for some that their employment insurance will exhaust before they can start their course. These individuals will still qualify for funding of the tuition and a living/training allowance. If you do find another job before school starts and it is lower pay or temporary, you might even obtain enough hours worked to file for another EI claim. For some it might even be a good idea to consider taking a lower paying job through a temporary employment agency. Although far from ideal, it will help minimize using all of the severance they may have received with their company's closure. If you qualify for second career funding for a school course, the counsellor you are working with to create a suitable “plan of action”, can authorize you to quit that job when the time comes to go to school.

Persons who want to work part time while in school will be allowed to work, provided it is 19 hours/wk or less and doesn't interfere with your homework.

Another good reason to plan early is that your counsellor will also be able to determine if you qualify for other training incentive programs such as The Severance Investment for Training Initiative (SITI) or The Extended EI & Training Incentive (EETI). These programs are most helpful to those who have already established a good action plan.

### \* SERVICE PROVIDERS

**Assessment Centre**  
1410 Ouellette Ave.,  
Windsor, ON N8X 5B2  
Phone: (519) 971-9698

**Invest Career Counselling Centre**  
215 Talbot St. East  
Leamington, ON N8H 3X5  
Phone: (519) 326-9657

**Unemployed Help Centre**  
6955 Cantelon Drive  
Windsor, ON N8T 3J9  
Phone: (519) 944-4900

**Career Development Services**  
400 Wyandotte St. East, Windsor, ON  
(at Windsor Water World)  
Phone: (519) 977-6444



# Thanksgiving Holiday

Please note that our office will be closed for Thanksgiving on Monday, October 12th. Everyone connected with the Community Labour Adjustment Centre would like to take this opportunity to wish you and your families a safe and happy Thanksgiving.



## C. L. A. S.

### Composite Committee

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Tim Croppo

#### Peer Helpers:

Tony Sakr

Diane Dietrich

Ann Hirst

Jaime Hernandez

Jeff Desjardins

Mike Melo

Randy St. Pierre

Ken Smith

## Unemployed Help Centre Workshops

**Home Inspection Program Workshop** - offered on **Thursday, September 10, from 1:30 pm - 3:30 pm** Topics to be discussed: Information about the new program, Cost of program, Job Opportunities as a Home Inspector, and MTCU Second Career recognized. Presenter: Academy of Learning.

**Registered Massage Therapy Program Workshop** - offered on **Thursday, Oct. 8, 1:30 pm - 3:30 pm** Topics to be discussed: Orientation/ Overview of the RMT Program, Education and/or Skills Required, Current Job Market, Future Employment Trends, Is this the career for me?

**Health and Safety Workshop** - offered on the **first Friday of each month from 9 am to 11:30 am**

This workshop is free of charge and can save your life by giving you a broad overview of Health and Safety in the workplace. Our guest speaker (Roly Marentette) has over 30 years experience as a Health and Safety representative in the automotive industry. Don't miss out, spaces are limited!

**Interview Techniques** - offered on the **2nd Wednesday of every month from 4:00 pm to 7:20 pm**

This is geared to those who have had their resume and cover letters completed, but are not successful in their job search. Whether you took our program or an alternative, if you are still unemployed, it will give you an opportunity to hone your interview skills. The session will include: interview skill development, and taped mock interviews.

**To enroll for any of these free workshops, speak to your counsellor, OR contact Brenda or Sean in the Resource Centre (944-4900 ext. 128) .**

**6955 Cantelon Drive, Windsor, ON**

## Free Complimentary Hair Cut Coupons



We have received more free Complimentary Hair Cut Coupons from Marvel Beauty School . If you are interested in this very generous offer please call your Adjustment Committee and we will sign you up.

**THIS ADJUSTMENT COMMITTEE  
IS MADE POSSIBLE THROUGH  
FUNDING FROM  
THE PROVINCE OF ONTARIO**



### Trillium Drug Plan Application Forms

If you are interested in applying for the Trillium Drug Plan we have the Applications here at the Centre. Drop by and pick one up !!