

C. L. A. S. COMPOSITE COMMITTEE MONTHLY NEWSLETTER

JULY
2010



Local 195

www.labouradjustment.com

Volunteering

Have you ever thought about Volunteering being a way to network with people and add to your skill set or maybe just to keep your current skills fresh? Volunteering has always been a very important part of our Community. During these difficult economic times, volunteering has become a very helpful tool for those who are job searching.

- Networking and meeting new people can open doors to possible job opportunities.
- Closing the long gaps of unemployment on your resume.
- Shows potential employers that you are willing to learn new skills or the importance of keeping your current skills fresh.
- Socializing and meeting new people always helps with the feeling of isolation and depression that can happen during job loss along with the frustration you may be feeling during your job search.



We have added a new category on our [job leads](#) page on the website that will include opportunities in volunteering. If you have any questions or concerns about volunteering, please feel free to contact our office or stop by and the Peer Helpers at the Centre will assist you with your needs.

What's on in July

Emancipation Day Celebration

Jul 30, 2010 to Aug 2, 2010 - "The Greatest Freedom Show on Earth" is a multi-cultural extravaganza that invites people of all ethnicities to join us this summer for four unforgettable days of fun for the whole family. Enjoy live music, Midway Rides, Miss Emancipation Pageant, Emancipation Idol, Domino, Cricket, Basketball, Soccer, talent show, Gospel Fest, delectable cuisine, and the vibrant costumes and colors of masqueraders as we commemorate The Emancipation Act of 1833.

Contestant, Volunteers and Vendors welcome! Visit <http://emancipationday.ca> for applications.

Hours: 12:00 noon until 1:00am

Cost: N/A

Venue: Festival Plaza, Windsor

info@emancipationday.ca

www.emancipationday.ca

Phone 519-419-5076 for more information.



The Windsor Fringe Arts Festival

Jul 16, 2010 to Jul 25, 2010 - A 10 day performing arts event, where live theatre and other performing arts such as: Music, Visual art, Chalk artists and more, are presented in an informal, accessible and low cost environment.

Fringe Theatre was first staged over 50 years ago by theatre groups who were not allowed to participate in Scotland's prestigious Edinburgh Theatre Festival. These groups performed on the 'fringe' or the outskirts of the city of Edinburgh and 'Fringe Theatre' was born. This type of festival has become so popular that there is now a 'Fringe of the Fringe' in Edinburgh, Scotland.

Hours: 12pm-12am Saturdays /12pm-9pm Sundays /5pm -

12am Weekdays

Cost: N/A

Venue: More than 6 venues in Downtown Windsor, Windsor

fringe@actorstheatreofwindsor.com

www.windsorfringe.com

Phone 519-258-9887 for more information.

Contact Information

SPRING CLEANING

It's that time of year again **SPRING !!**
That means **SPRING** cleaning time !!

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Training Courses

If you are interested in the following training programs
please contact us @ 519-256-4597

Forklift Truck



Safe Food Handling



Smart Serve



WHMIS

First Aid & CPR



C. L. A. S.

Composite Committee

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