



Fabco Press



The Importance of Having a Service Provider



As we start to wrap up things here at the Adjustment Centre over the next few months, we are again and will be for the next few months encouraging you to make sure that you are registered with a **Service Provider**.

Employment Ontario service providers meet with the individual workers one on one to begin the initial discussions regarding what their next steps might be to move forward in the adjustment process. This is the first step for the worker to develop a “return to work action plan” which is the basis from which they can access Employment Ontario programs and funding.

I am highlighting the Unemployed Help Centre this month because of their GRAND OPENING in Belle River that took place on July 20/11. Also this month’s article “Ask Sue” will also be on the importance of Service Providers as well as a list of the local Employment Services in Windsor/Essex County.



Trillium Drug Plan Application Forms

If you are interested in applying for the Trillium Drug Plan we have the applications here at the Centre.



Drop by and pick one up!!

UNEMPLOYED HELP CENTRE

ABOUT US



Belle River

The Unemployed Help Centre is a non-profit charitable organization dedicated to meeting the needs of the unemployed & economically challenged in the Windsor & Essex County area since 1977. Recently, we expanded our services from Windsor to the Lakeshore community by opening an additional site in Belle River. This site makes it more convenient for individuals to access the same great programs and services offered in Windsor to provide assistance with their job search and career goals at NO COST.

WHAT WE DO

At Belle River, we provide a fully equipped walk-in Resource and Information Centre with free access to internet, printers, fax, local newspapers, labour market information, and much more. Customers can utilize these resources to job search, update their resume, check local job postings or gain access to information to help determine their career path. Employment counselors are also available to fully access their needs if further assistance is required.

We also provide various workshops such as resume writing, interview techniques and job retention to help better prepare you for job search. Please feel free to give us a call at 519-944-4900 for more information.

OUR SUCCESS

To date, the Belle River team has successfully assisted over 350 customers of which over 250 have found employment successfully. In addition, over 80 customers have been placed through the Job Matching and Placement Incentive Program, and we have conducted over 50 workshops geared towards educating our customers and make them more marketable.

THE BELLE RIVER TEAM



Supervisor > Brandy Pyne
Employment Counsellors > Astha Handa, Chris Appleyard, and Tina Matheson
Front-end Receptionist > Shakea Reid-Rathwell



August 2011

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EMPLOYMENT QUESTIONS & ANSWERS

“ASK SUE”

Frequently I hear the same questions over and over. Maybe my answers will be of interest. If you have a question that you wish to see answered in this space feel free to call your Labour Adjustment Committee representative and submit your question.

Question: As more of our clients hear of our office's scheduled closure, we are hearing some concern about where they will find similar services.

Answer: Our services have been somewhat unique for the Windsor area. Although other union locals have had their own labour adjustment services to help their members deal with the job losses and retraining concerns, most have been restricted to the "one year funding" for an adjustment office funded by Employment Ontario. Local 195 has had funding for over 5 years at this point due to a long list of company closures, and downsizing.

As a result of these on-going closures at different times our office has received provincial government funding of at least one full year and then separate funding as well to assist members from many of the smaller plants and businesses that didn't have individual adjustment agreements. We always knew that our office was meant to be a temporary labour adjustment service.

So what do our members do now?

There is a large selection of Employment Assistance Service offices available for anyone in need of resumes, re-training and related concerns. We have been very fortunate to have had a great working relationship with these offices. They have provided us with invaluable information about the government programs and services available in our community.

There are very few differences in programs offered by these agencies. The only difference I have noticed is that only two offices were selected to administer the **TIOW (Targeted Initiatives for Older Worker) Program**. Eligible clients must be between the ages of 50 and 64 years of age (Until recently in June 2011 this program was restricted to ages 55- 64years of age with some exceptions considered).

Both the Unemployed Help Centre and The City of Windsor Employment & Training Services offices offer this but are using different approaches in delivery.

The **Unemployed Help Centre** offers short training courses in the areas of :

- Customer Service Representative
- Manufacturing
- Security Guard

The **City of Windsor Employment & Training Services** offers this program for clients within this age group and not eligible for Second Careers retraining funds. This **TIOW Program** can be used to help the older worker access funding for short training courses.

Short courses must fit into a duration of between 8 to 26 wks and/or to a maximum funding cost of \$10,000 (this included tuition, books, and living allowance).

This program can also be used to fund a wage incentive of \$3,000 to be offered to an employer who intends to offer a permanent full time employment opportunity. This agency also has a list of **Job Creation Program** - temporary work experience placements as well as referral to their full time job listings for the clients registered with their agency.

You can see some of their job listings at www.careerdevelopmentwindsor.com

Anyone interested in registering can call or email their resume to ets@city.windsor.on.ca

The Employment Assistance Service offices available for our members who wish to tap into these programs and services are listed below. All of these agencies work in a close partnership and will often refer you to another service provider if they feel your program needs would be better met by one of their partners.

Assessment Centre

1410 Ouellette Ave.,
Windsor, ON N8X 5B2
Phone: (519) 971-9698

Invest Career Counselling Centre

215 Talbot St. East
Leamington, ON N8H 3X5
Phone: (519) 326-9657

“ASK SUE” (continued)

Assessment Centre

1410 Ouellette Ave.,
Windsor, ON N8X 5B2
Phone: (519) 971-9698

Invest Career Counselling Centre

215 Talbot St. East
Leamington, ON N8H 3X5
Phone: (519) 326-9657

Unemployed Help Centre

6955 Cantelon Drive
Windsor, ON N8T 3J9
T: (519) 944-4900

Belle River Office

612 Notredame Street, Belle River, ON N0R1A0
T: (519) 728-2619
F: (519) 728-9055

City of Windsor Employment & Training Services (formerly Career Development Services)

400 City Hall Square Suite 101 www.careerdevelopmentwindsor.com
Windsor, ON N9A 7K6
T: (519) 977-6444
F: (519) 977-5695

College Boreal (For services in French)

7515 Forest Glade Dr.,
Windsor ON N8T 3P5
T: (519) 948-6019
F: (519) 948-5362

www.collegeboreal.ca

633 Ouellette Ave., Suite 301
Windsor ON N9A 4J4
T: (519) 253-1525
F: (519) 253-2397

New Canadians Centre

Windsor Office

660 Ouellette Ave., Windsor, ON N9A 1C1
T: (519)258-4076
F: (519)258-9953

Leamington Office

24 Oak St. E., Leamington, ON N8H 2C2
T: (519) 326-6224
F: (519) 326-9739

St. Clair College – Employment Ontario Office

Windsor Office

547 Victoria Avenue, Windsor, ON N9A 4N1
T: (519) 253-4461
F: (519) 253-7655

Amherstburg Office

400 Sandwich Street South, Unit 1500,
Amherstburg, ON N9V 3L4
T: (519) 736-2827
F: (519) 736-7084

South Essex Community Council – Employment Edge (Services for persons with disability issues)

Leamington Office

215 Talbot Street East, Leamington, ON N8H 3X5
T: (519) 326-1873
F: (519) 326-1529
To access services in Windsor call above

Kingsville Office

30 Main St East, Kingsville ON N9Y 1A2
T: (519)-733-5784
F: (519)-733-6741

South Essex Community Council (Youth Employment Services)

215 Talbot Street East, Leamington, ON N8H 3X5
T: (519) 326-1873
F: (519) 326-3557

WEST –Women Employment Skills Training

201-647 Ouellette Ave., Windsor, ON N9A 4J4
T: (519) 256-6621
F: (519) 256-3963
<http://www.westofwindsor.com>

WWWWW – Windsor Women Working With Immigrant Women

500 Ouellette Ave., 3rd Floor, Windsor, ON N9A 1B3
T: (519) 973-5588
F: (519) 973-1534





Five Tips to Stay Focused on Your Job Search

job search tips

by Doug Hardy, Special to Monster.com - Excerpted from Six Fundamentals to Building a Lifelong Career)

Monster's Six Fundamentals to Building a Lifelong Career e-book teaches the daily habits that all workers need to take command of their careers. In this excerpt, author Doug Hardy discusses one of those habits — staying productive when you're looking for a job.

Each time you interrupt a focused work task, it takes many minutes to get back to the level of concentration and effectiveness you had before the interruption. You might consider yourself an excellent multitasker, but recent studies show that people misjudge how well they perform when dividing their attention among many tasks (and the people who believe they are most effective at multitasking are least productive, when tasks are measured impartially).

A job search demands a lot of different tasks, so how in the hyperlinked world are you going to keep focused? Again, the answer is good time management. For most of us, that means blocking out a space and time when you won't be interrupted. It also helps to follow some basic habits that keep you from distracting yourself.

Here are five:

1. **Get Off the Grid for at Least an Hour a Day** That means closing your Web browser (or temporarily disabling it on the computer), not answering the phone (again, unplug it or power down your cell), and turn off distractions like TV or radio. While all the instant communication tools today are incredibly helpful in a job search, they can interrupt the thoughtful work you need to do. Give yourself some time to focus.
2. **Check Email No More Than Three Times a Day** While all the instant communication tools today are incredibly helpful in a job search, they can interrupt the thoughtful work you need to do. Give yourself some time to focus. Email has a subtle built-in urgency because it arrives minute by minute. Most job and career emails require thoughtful consideration, and I have never known an employer who said, "I'll only look at replies that arrive in the next three hours."
3. **Start a Small Activity-Switching Ritual** Stretch, take five slow breaths, snap a rubber band on your wrist, say aloud what activity you are finishing and what activity you are starting. This is purely an awareness-raising exercise, and it makes switching a conscious choice, not an unconscious reaction.
4. **Track Your Activities** Keep a notepad handy and note the time and activity every time you switch. Share the list with your partner -- another consciousness-raising exercise.
5. **Divide the Day into Uninterrupted Time and Free-for-All Time** If you think of a must-do activity during uninterrupted time, write it down and return to the note during free-for-all time.

These disciplines take effort but the result is gaining those hours of focused time. As with many jobs, the few hours of truly focused effort is where most of the work gets done.



Looking for employment isn't easy..... And with more companies using Employment agencies to help manpower their facilities it has become more of a reality that unemployed workers may have to utilize them to gaining employment. As part of this reality I will be featuring a few different agencies that seem to have ran a lot of employment ads over the last month.

<p>Modern Staffing 1575 B Lauzon Rd. Windsor, ON Phone: 519-944-3675 Fax: 519-944-7904 Website: www.modernstaffing.ca</p>	<p>Jobshoppe 1645 Wyandotte St. E Windsor, ON Phone: 519-254-5627 Fax: 519-254-2389 Website: www.thejobshoppe.ca Email: jobs@thejobshoppe.ca</p>	<p>Impact Staffing 3410 Walker Rd. Windsor, ON Phone: 519-972-8932 Fax: 519-972-8128 Website: www.staff@impact-staffing.com Email: staff@impact-staffing.com</p>	<p>Personnel By Pro-staff 321 Tecumseh Rd. E -Unit 1 Windsor, ON Phone:519-250-9403 Fax: 519-250-9407 Website: www.personelbyprostaff.com Email: churst@personnelbyprostaff.com</p>
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Every once and awhile I come across a story that I just have to share, and this is one of them. I found this on a website called lostmyjob.ca where you can find stories of fellow Canadians going through job loss and the steps they took to put their life back on track

Breaking the cycle of poverty

Some are born into the circle, others, such as with job loss, are forced into it. Families struggle to break free but it often engulfs generations.

When I lost my job due to a lay off (at an auto parts manufacturer), I was already a single mother working full-time with a part-time job on the weekends. I was fearful not only for my own future but mostly for my daughter's. I could not bear the thought that she might get trapped in the same cycle. I was not about to let that happen.

I came across Partners In Employment, who opened the first door for me. They gave me the start in exploring re-training and possible funding through [Second Career](#). I started to explore academic upgrading and for a career in the health field.

I always had the drive and I had endured many struggles but I never thought that I would be able to better myself through education. It simply was not in the cards. The money had never been there as I could not raise my daughter alone and pay for education.

The process to decide what kind of career I wanted and how to get there was challenging, but very revealing. I found out who I was and even more importantly, who I could be. There would be many obstacles but with the assistance of my career counselors, I began to see the light. As I overcame each obstacle, I realized that I could attain my goal and break away from the cycle that had dominated my life.

Having decided what path I wished to follow, I applied and was approved for Second Career funding assistance and was accepted by the training school. I began by completing some required academic upgrading and prep courses and then started full-time at the Canadian College of Massage and Hydrotherapy in January 2009. I was in the graduating class of 2010 and was able to write the finals Board exams in December 2010 and become a fully Registered Massage Therapist. I will be able to give back to my community some of what it has given me and my daughter.

I have now begun working as a Registered Massage Therapist in Stratford at Lighthouse Massage Therapy, specializing in treating clients with Repetitive Strain Injuries. Along with my involvement with Stratford Community Living, they are very supportive and have inspired me to direct my professional career to providing people with disabilities and who are financially disadvantaged with quality care and individual treatment so that they may improve the quality of their lives.

I do not think that I could ever express my gratitude enough. Thank you to all those who have helped me – to Partners in Employment and to the Province of Ontario for the Second Career program. I am proud of myself and my new skills to be able to help others.

Story by Melissa Ensinger, Stratford, Ontario



Are you looking for a job

The purpose of a resume is to get an interview. If you're not getting the interviews it is probably your resume.

We can help, by looking at your resume and making some changes to it, to help entice those employers.

Maybe your resume is good, but you need help with your interviewing skills.

Well, that's what we are here for, come down or give us a call at 519-256-2424

Food Banks
Canada



UHC

6955 Cantelon Drive
Mon to Fri
8:30 to 11:30 &
12:30 to 3:30 excluding
holidays

Drouillard Place

within boundaries
Mon., Tues, Wed. and
Friday 1:30 to 4:00

Goodfellows

401 Park St. W.
519 252-2739 for hours
of operation

Salvation Army

355 Church St.
519 253-7473 for more
Information





Job Search Websites

Office Hours

Monday 9 to 4

Tuesday 9 to 4

Wednesday 9 to 4

Thursday 9 to 4

Friday 9 to 4

We're on the Web

www.labouradjustment.com

Fabco Committee

1801 Walker Road,

Windsor, N8W 3P3

Tel: 519-256-2424

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Ken Maheux

Employment

Counselor

Sue Kelsh

Peer Helpers

John Toth

Gerald Peeler

Chris Yoell

John Grant

Rob Kennedy

Newsletter

Candy Eagen

GOVERNMENT RESOURCES

Windsor Employment & Insurance Office

www.servicecanada.gc.ca

HRSDC program & service info

www.hrsdc.gc.ca

Job Bank

www.jobbank.gc.ca

...another access to Service Canada

www.jobsetc.ca

Labour Market Information

www.labourmarketinformation.ca

Federal Government Jobs

www.jobs-emplois.gc.ca

Ontario Government Jobs

www.gojobs.gov.on.ca

Manitoba Job Information

www.mb.workinfonet.ca

JOB SEARCH RELATED INFORMATION

Career Key Agency (advice and tips)

www.careerkey.com

WINDSOR SERVICES PROVIDERS

City of Windsor Employment (formally CDS)

www.careerdevelopmentwindsor.com

& Training Services

www.themcc.com

Multicultural Council

www.uhc.ca

Unemployed Help Centre

www.westofwindsor.com

WEST (Women's Enterprise Skills Training)

www.wwwiwo.org

Windsor Women Working With Immigrant Women

CANADIAN JOB SEARCH RESOURCES

Aerotek (Technical & Professional jobs)

www.aerotek.com

Career Builder (also known as Head-hunter)

www.careerbuilder.com

Canada Jobs (mainly central area of Ontario)

www.canjobs.com

Career Click (Can. Newspaper Ads)

www.working.com

Also found using

www.indeed.ca

Globe & Mail

www.workopolis.com

Monster (local & global jobs)

www.monster.ca

Job Shark

www.jobshark.ca

Hot Jobs (Yahoo)

www.hotjobs.ca

CNC Global (IT technical jobs)

www.sapphireca.com

Canada IT (Information Technology jobs)

www.canadait.com

Technical Canada

www.techjobscanada.com

Teaching jobs

www.educationcanada.com

Hospitality related job listings

www.cooljobscanada.com

Finance

www.higherbracket.ca

Retail

www.allretailjobs.com

City of Windsor (Work for Windsor)

www.citywindsor.ca

Apprenticeship Vacancies

www.apprenticesearch.com

Older workers

www.seniorjobbank.org

Free Training Courses Available



Fork Lift

First Aid & CPR



WHMIS



Smart Serve



Safe Food Handling

Give us a call at 519-256-4597 for more information

This Adjustment Committee Is Made Possible Through Funding From The Province Of Ontario