

# Merry Christmas Happy New Year



We would like to wish all our members a Merry Christmas and a Happy New Year. Have a safe and happy holiday, don't drink and drive, and keep us in mind for the new year.

Sincerely

Your Labour Adjustment Committee and CAW Local 195

## Food Service Worker Class of 2008-2009



Way to go. You all look great!

### 'Tis the Season....

Labour Adjustment Services represents laid off employees from a range manufacturing backgrounds including Injection Molded Plastics, Metal Packaging. We also have some Press set-up/Operators, Electricians and millwrights.



### Some of the services we offer are:

We offer assistance to employees laid off from the contributing companies. We offer

assistance with career planning, job searches, resume writing, and interview skills. Just to name a few. Our employment counsellors can help you with needs assessments, EI Claims, and retraining questions.

### Some of our helpful links are:

- Job banks
- Government Agencies
- Non-Profit Agencies
- Employment Agencies

### Pension Information update

If you have questions regarding your pension or need someone to talk to The telephone number is 1-888-216-6777.

### If you have any questions:

#### Our office hours are as follows:

- Monday 9:00 am to 3:00 pm
- Tuesday 8:30 am to 3:00pm
- Wednesday 8:30 am to 3:30pm
- Thursday 8:30 am to 3:30pm
- Friday 9:00 am to 3:00 pm

### Or you can call at:

(519) 256-2424

### Information on the Internet



The Labour Adjustment Service has a web page that is updated daily with community programs and Job opportunities. This web page will also inform you of all upcoming events that the Labour Adjustment Committee will be hosting. If you like to surf the net please take the time and visit our web page at:

[www.labouradjustmet.com](http://www.labouradjustmet.com)

## 6 unusual Christmas Traditions

**Yugoslavia**-On the secondary Sunday before Christmas, children creep in and tie their mothers feet to a chair, shouting "Mothers Day, what will you pay to get-away?" Surprisingly, she then gives them presents. Children play the same trick on their father the following week and the children get more presents. Unfortunately parents don't get to do the same to their children the week after.

**Greenland**- Kiviak is a gastronomical Christmas treat from Greenland which, for some reason, hasn't been adopted by many other nations. It's made from the raw flesh of the auk which has

been buried under a stone in seal-skin for several months until it's achieved an advanced stage of decomposition. Apparently, it smells like old blue cheese and taste very pungent.

**Iraq**- In the Christian homes, a child reads the story of the Nativity from an Arabic Bible while other family members hold lighted candles. As soon as the story has been read a bonfire made of dried thorns is lit and the family will have good fortune during the coming year. When the fire has burned down, everyone jumps over the ashes three times and makes a wish.

**Wales**- Ever wonder where the phrase 'putting the bite on' comes

from? At Christmastime, in some rural areas of South Wales the Mari Llywd is a person hiding under a horsehair sheet (a brethyn rhawn) whilst carrying a horse's skull on a pike. The Mari Llywd wanders the streets with a band of mummers and anyone "given the bite" by the horses jaw's must pay cash fine.

**Lebanon** - The Lebanese plant chickpeas, wheat grains beans and lentils in cotton wool, a fortnight before Christmas. They water the seeds everyday and at Christmas, the sprouted shoots are used to surround the manger in nativity scenes.

**Portugal**- In Portugal, the "consoda" feast takes place on the

morning of Christmas day. Extra places are set at the table for the souls of the dead and they are offered food to these souls to bring luck to the family during the forthcoming year.



# Forging Ahead

Mahle Labour Adjustment  
December 2008 Newsletter



# Meet & Greet on December 17th

Mark your calendar for the CAW Local 195 Labour Adjustment Services

9:00 am to 4:00 pm

Join us for refreshments and a chance to fulfill your New Year's Resolutions

## Ask Sue: EMPLOYMENT QUESTIONS & ANSWERS

Frequently I hear the same questions over and over. Maybe my answers will be of interest. If you have a question that you wish to see answered in this space feel free to call your Labour Adjustment Committee representative and submit your question.

**QUESTION:** Is it true that there are significant changes to retraining under Second Careers?

**ANSWER:** Yes! If you formerly were unable to qualify for retraining, you should reapply since the **eligibility criteria are now much broader** than it was. Eligibility is now extended to individuals **laid off on or after January 01, 2005.**

This includes someone still unemployed, in receipt of severance, or salary continuance as an alternative to severance or pay in lieu of notice

Individuals who have taken an interim, lower paying or lower skill level job to make ends meet after their layoff are **eligible whether they are now unemployed or still working in such a job**

The \$28,000 allowed for training does not include the following  
Disability accommodation  
Dependent care allowance  
Living away from home allowance  
Academic upgrading

**Non-EI eligible** individuals are now eligible (if they formerly were in receipt of EI in the past 36 months, or 60 months if was on maternity or parental claim) to take skills training of less than 6 months in length in occupations from NOC Skills Level C **OR** between 6 months to 2 years in duration for NOC Level B (these lists are available from your peer counsellors) and equivalent occupations in demand in Ontario. Where necessary as a prerequisite for skills training, up to 1 year of academic upgrading is included

Number of training institutes to be researched can be "1" if course is at a publicly assisted college like St Clair College. A course at a private career college must include research at 2 such colleges as well as a publicly assisted college like St Clair College.

**Demonstrated need for the occupation in Ontario labour market** will be sufficient instead of the local labour market. Applicants need to provide labour market information, but not necessarily job postings with their application

**RETRAINING QUESTION:**

Why do I need to prepare a job search portfolio when I don't want to get a job, I want to go to school?

**ANSWER:**

A Regular Employment Insurance claim is

primarily meant to assist the unemployed with some income support while job searching. It is only after a demonstrated job search without success, that Employment Insurance can be used as support for retraining. You will be expected to be able to show a list of employers to whom you have applied to for work and from whom you have not received a suitable employment offer.

**QUESTION:** What do I need to do to prepare for a job search?

**ANSWER:**

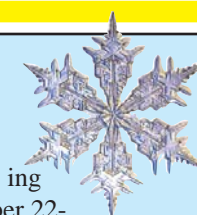
Prepare a file folder of your job search tools. This is often referred to as your Job Search Portfolio. Ensure that your portfolio includes the following:

Update your resume and ensure that it is going to market your skills and strengths  
Copies of a Reference sheet, listing at least 3 former supervisors and their Cell or other phone number besides the business number. Letters of reference from former employers or supervisors are always good to have in case these people move on to other jobs.

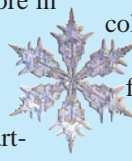
Make a copy of your high school diploma or obtain a transcript of your marks from your former high school (cost \$5.00).

Make a copy of all certificates such as Journeyperson License, Fork Lift, Overhead Crane, First Aid, CPR, etc..

## HOLIDAY FUN



This the season for great family fun and Windsor and Essex County has great activities for the whole family. On November the 20<sup>th</sup> we have the tree lighting ceremony and activities galore in Kings Navy Yard Park in Amherstburg starting at 6 pm. On November the 29<sup>th</sup> we have the Amherstburg Santa Claus Parade start-



ing at 6 pm. From November 22-Jan 4 we have the 16<sup>th</sup> Annual Fantasy of Lights. Lakeside Park and area in Kingsville is transformed into a sea of colorful displays. Come and enjoy music, hot chocolate, light snacks and fireworks on opening night. On November the 28<sup>th</sup> BIA Tree

Lighting Celebration from 6pm-9pm in Optimist Park BelleRiver come and join Mr. and Mrs. Claus for food and entertainment. And on December the 6<sup>th</sup> we have the 40<sup>th</sup> annual Windsor Santa Claus Parade starting at 6pm. Also on December the 28<sup>th</sup> the CAW Local 195 is having a free skate at Riverside Arena from 4-7 pm please bring your union card and helmets for the kids, pop, coffee, hot chocolate and chip will be provided.

## We're having a contest!

The Community Labour Adjustment Centre is looking for a logo. We decided that who would be better at designing our new logo then the people that we serve? So if you have an idea or suggestion put it down on paper and drop it by here at our office before December 21, 2008! There will be a prize for the winning logo.



Feeling Artistic?

## MAHLE ADJUSTMENT COMMITTEE

CHAIRPERSON

John Toth

COORDINATOR

Max Nimmo

EMPLOYMENT COUNSELOR

Sue Kelsh

PEER COUNSELORS

Bonnie Palazzolo

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