



# Forging Ahead

## EDUCATION MADE EASY

### Two and a Half Hours That May Change Your Life

Are you missing out on opportunities due to a lack of a Grade 12 diploma. Are you worried about spending a lot of time and effort getting one. Don't fret, its easier than you think. Most employers (and most but not all post secondary programs) require a minimum Grade 12 or GED. The GED is what is commonly referred to as a Grade 12 equivalency, however there are some significant differences.

Recent changes have made it much easier to get your Grade 12 as an adult learner. Co-op credits, Past Learning Experience and the option of changing courses that were once considered compulsory are just a few of the new options available. Credits earned in other jurisdictions can also be applied.

This session will be of interest to

- A) Those lacking a grade 12 or
- B) Those with any kind of foreign credentials
- C) English as a Second Language Students
- D) Those who are thinking about entering post secondary programs

You've already missed out on other opportunities in the past, don't miss out on this chance to have all of your education questions answered by the experts. Save time and meet with all of the Public Educators at one time. Space is limited so pre registration is required. **Call your peer helper at the Labour Adjustment Centre 519 256 6142 to register. Coffee and Snacks will be provided.**

John Toth - Chairperson



**On May 2nd from 9:30 till Noon we will be hosting an information session on these changes at the CAW Local 195 Hall at 3400 Somme.** Representatives from St. Michaels (Adult Day School), The Adult Learning Centre (Night School) as well as St. Clair College, The Assessment Centre and the Multi-Cultural Association will be on hand to help you reach your goal and answer your questions.

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# SECOND CAREER STRATEGY

Second Career provides financial supports to laid-off workers who require skills training to assist them to find employment in demand occupations in Ontario.

## **WHO IS ELIGIBLE?**

Anyone considering up to one year of upgrading to get a Grade 12 diploma, or as a prerequisite to get into a skills course **and/or** anyone considering a skills course between 6 months and 2 years in duration.

- A) E.I. active claimants
- B) Reachback claimants - formerly on claim in the past 3 years (or 5yrs for those on maternity or parental claim)
- C) Non-E.I. and laid-off on or after 01 January 2005
- D) Anyone still in receipt of Severance

## **WHAT COURSES ARE ELIGIBLE?**

A course that will provide you skills for a demand occupation in Ontario and is offered by an accredited college like:

St Clair College, Trios College, Everest College, Canadian College, Academy of Learning, CompuCampus College, Windsor Welding Institute, Ontario Truck Driving School, Northstar Truck Driving School, Transportation Training Centres of Canada, 5th Wheel, SPC Eagle Logistics, Etc...

The Ontario Ministry of Training Colleges and Universities (MTCU) is the government agency that is responsible for this training strategy and offers two lists of Demand Occupations in Ontario. These occupations are listed in the Statistic Canada NOC Skills Matrix "B" & "C" and are available from your Labour Adjustment Centre or each agency that process training requests for the MTCU.



E) Persons who have taken a job (less pay or hours than what they used to make before Lay-Off) to make ends meet after their lay off are eligible whether they are now unemployed or still working in such a job. (Yes, you could be authorized to quit that less than suitable job, if you have selected a course that will ensure a better paying job in the future).

## **HOW IS TRAINING FINANCED?**

A maximum total of \$28,000 per individual is available for a skill course. This is expected to cover tuition as well as your living expenses (E.I. Benefits and/or Training Allowance).

You can expect to continue to collect the number of weeks of E.I. Benefits that have been allocated to you, before a training allowance would come into effect.

## **ADDITIONAL FUNDS ARE AVAILABLE TO COVER:**

- Dependant care allowance (babysitter or daycare)
- Living Away from Home Allowance (Yes, extra living expenses are available if your school is out of town)
- Your present E.I. benefits or a training allowance (if your benefits have ended) can be made available to support you while you upgrade your credits for a Grade 12 Diploma

Labour Adjust-  
ment Centre  
1801 Walker  
Rd., Suite 200  
Windsor, ON  
(519) 256-4795

Assessment  
Centre  
1410 Ouellette  
Ave.,  
Windsor, ON  
(519) 971-9698

Invest Counsel-  
ling Centre  
215 Talbot St.  
East  
Leamington, ON  
(519) 326-9657

Determining the most suitable career goal can be as simple as reviewing the list of occupations and finding a realistic course that will help you obtain the skills you want and meet your personal expectations. Further assistance to determine the most suitable career goal for you is also available through the Assessment Centre or the Invest Counselling Centre.

Sue Kelsh - Employment Counsellor

**Choose Your Program**

# DADS MATTER CONFERENCE

- What:** DADS MATTER CONFERENCE
- Where:** 3400 Somme - CAW 195 Hall (Somme off Central Avenue)
- When:** Saturday, April 25, 2009 9:00 am. - 2:00 pm.
- Cost:** No cost
- Who:** Fathers with children 0 - 6 years
- To Register:** Call: 519-252-9696 Linda Edwards or Barb Brown

The positive involvement of fathers is a key factor in the healthy development of children. This conference offers information, humour and honours the important role of dads. Great food. Great speakers. Bring a friend!

St. Mary's Family Learning Centre is a non-profit, charitable organization that provides programs and services for families with preschool children in Windsor and Essex County.

Darlene Malcolm - Coordinator



## TRILLIUM DRUG BENEFIT SEMINAR



The Trillium Drug Benefit Program has been established to help residents of Ontario who are without benefits, obtain prescription medication. The program covers the cost of regular prescription drugs, less a deductible amount. The annual deductible is based on income relative to prescription costs. Generally (with many exceptions) the deductible is based on approximately 4% of a family's annual net income. There are many offsets to this formula depending on family size and other variables. However as a base example, a family with an annual NET income of \$20,000 would have an annual deductible of \$800.00. The deductible is spread out over each quarter so that your deductible for a 3 month period would be \$200, afterwards the cost of medication would be covered by the program (less a \$2.00 co-pay). To qualify, you must be a resident of Ontario with a provincial (OHIP) health card.

We realize that there are many of our members are no longer covered by company benefits, or perhaps their benefits are set to expire soon. Therefore we have arranged for a representative from the Ministry of Health to discuss this program with affected members at an information session on Wednesday, April 8th at 12:30.

The information session will take place at the Local 195 Hall at 3400 Somme Avenue. Assistance will also be provided for the application process at this time.



Seating is limited, therefore we ask that you call or visit the Labour Adjustment Centre to register in advance. If you are unavailable to attend, you may be able to send a family member in your place. Please call the Adjustment Centre at 256-6142 for further information.

John Toth - Chairperson

## LOCAL 195 SUBSTANCE ABUSE/EMPLOYEE ASSISTANCE COMMITTEE

Our Committee is available to Local 195 members and their families. We have been trained with the United Way Union Counseling program and/or have personal experiences that motivate us to be there for anyone who finds themselves in a time of need. We can help by referring people to the proper places or by providing information about community services that are available.

**519 253-0824** This number has voicemail and is checked on a regular basis. It is not an emergency number; please call 911 in case of emergency. We can help members find the right treatment center for substance abuse, codependency, eating disorders, problem gambling etc. after they have completed an assessment.

### **Definition for substance abuse:**

Substance abuse is the overindulgence in and dependence of a drug or other chemical leading to effects that are detrimental to the individual's physical and mental health, or the welfare of others. [2] The disorder is characterized by a pattern of continued pathological use of a medication, non-medically indicated drug or toxin, that results in repeated adverse social consequences related to drug use, such as failure to meet work, family, or school obligations, interpersonal conflicts, or legal problems.



### **Additional phone numbers:**

**Community Crisis Center 519 973-4435** 24hr crisis line . Provides a 24 hour walk-in service at Hotel Dieu Grace Hospital at 1030 Ouellette Avenue Windsor. Located on the first floor of the Jeanne Mance Building Mon-Fri from 8:00am to 6:00pm. After 6:00pm and on the weekend clients should go to Hotel Dieu Grace Hospital Emergency Room and ask to see the crisis worker on duty.

**Distress Center 519 256-5000** crisis line daily noon to midnight . Volunteer based telephone service offers emotional support and referrals to individuals in distress.

**Hiatus House 519 252-7781** 24hr service. Provides emergency shelter and crisis intervention for women and their children experiencing domestic violence.

**Sexual Assault Crisis Center 519 253-9667** 24hr crisis line. Provides crisis intervention, counseling and information to male or female victims of sexual and family members or significant others requiring support.

**United Way/Centraide Windsor Essex 519 258-3033** open 8:30am-4:30pm. Provides free and confidential referrals to community programs and services for people in need of assistance or information on available services.

**Information Windsor 519 973-4636** open 9:00am-5:00pm. Provides free and confidential information on more than 3000 community services and programs.

**211.Call 211 or alternate: 519 258-0247 or visit: [www.211windsorsex.ca](http://www.211windsorsex.ca).** 211 is a 3-digit phone number to access free confidential information throughout Windsor & Essex County, 24 hours a day, 7 days a week.

Karen Harnden - Chairperson Local 195 Substance Abuse Committee

## PRE-RETIREMENT SEMINAR

This FREE seminar is being held at CAW Local 195. This will be of particular interest to those of you who have recently retired or are thinking about it but would like to hear more information first.

There will be speakers and information available on various topics including CPP, Financial Fitness (Credit Counselling) and from the Canadian Mental Health Association. We're sure that you'll find this information invaluable. Call today to book your spot.

**When:** Wednesday, April 22nd

**Where:** CAW Local 195, 3400 Somme Avenue, Windsor

**Time:** 9am

**To Register:** Call 519-256-4597 or 519-256-6142 or 519-256-2424



Darlene Malcolm - Coordinator

**'From Change To Opportunity'**  
Speak directly to Industry Representatives about opportunities in ...

HELLO  
my name is  
**opportunity**

**Career Forum**

Wednesday, April 29, 2009  
9.00 a.m. to 7.00 p.m.  
Caboto Club, Windsor, ON

As we said in last month's newsletter this Career Forum will be held in Windsor on April 29th at the Caboto Club and entrance is free.

To date they have 22 exhibitors confirmed representing industries ranging from the Petroleum Industry, Biotechnology, Construction and Health Care to Auto Repair & Maintenance, Supply Chain Management and Hospitality and Tourism. There will also be a number of Skills Development/Second Career Service Providers on hand to share information and answer questions.

The Forum will be in a Trade Show format with specific 30 minute workshops scheduled in an adjacent room. The workshop schedule along with more details of the Career Forum can be found at [www.swoiec.com](http://www.swoiec.com) starting in early April.

This is a very important event and we would encourage anyone thinking about changing their career to attend.

John Toth - Chairperson

## OUR WEBSITE—YOUR LANGUAGE

That's right, you can now view our website in a number of various languages. 42 different languages to be exact.

We think that this will be of some help to our members whose first language is not English and it should help them have a better understanding of the services that are available to them.



On the next page there are instructions to follow which will allow you to have the website translated.

Due to limited space we can only print these instructions in 12 of the 42 languages available.

If you want information on other languages call us at 519-256-2424.

Max Nimmo - Coordinator

You can now translate our website into over 30 different languages from all over the world.

Arabic

فتح جوجل -- اختر "المزيد" -- اختر "أكثر" -- اختر "ترجم" -- اختر "أدوات" ، اختر اللغة من خلال نقرة واحدة على حق -- اختر "إضافة إلى المفضلة" -- اختر "نعم" -- اختر "إضافة" -- وبعد ذلك ، إذا كنت تريد ترجمة صفحات الويب لدينا فقط انقر لإنقاذ اللغة المفضلة لديك عند عرض الموقع .

Bulgarian

Отворете Google - Изберете "More" - Изберете "Още по-" - Изберете "Преведи" - Изберете "Tools"-Избери език чрез едно кликане на десния - изберете "Добавяне към любими" - Изберете "Да" - изберете "Добавяне на" - Тогава, ако желаете да преведете нашата уеб страници, просто кликнете на езика сте записали на любимците, когато разглеждате нашия уебсайт.

Greek

Ανοίξτε το Google - Επιλέξτε "Περισσότερα" - Επιλέξτε "Ακόμη πιο" - Επιλέξτε "Μετάφραση" - Επιλέξτε "Εργαλεία"-Επιλέξτε την γλώσσα σας μέσα από ένα μόνο κλικ για το δικαίωμα - Επιλέξτε "Αγαπημένα" - Επιλέξτε "Ναι" - Επιλέξτε "Προσθήκη" - Στη συνέχεια, αν θέλετε να μεταφράσετε τις σελίδες μας απλά κάντε κλικ στη γλώσσα σας αποθηκεύεται στα αγαπημένα σας κατά την προβολή της ιστοσελίδας μας.



Hebrew

פתח גוגל - בחר "יותר" - בחר "אפילו יותר" - בחר באפשרות "תרגם" - בחר "כלים" , בחר את השפה שלך באמצעות לחיצה בודדת על זכות - בחר "הוסף למועדפים" - בחר "כן" - בחר "הוסף" - אם אתה רוצה לתרגם את דפי האינטרנט פשוט לחץ על השפה שמרת את המועדפים בעת הצגת אתר האינטרנט שלנו .

Serbian

Отворите Гоогле - Изаберите "Опције" - Изаберите "Још и више" - Изаберите "Преведи" - Изаберите "Тоолс"-Изаберите ваш језик кроз један клик на правом - Изаберите "Додај у фаворите" - Изаберите "Да" - Изаберите "Додај" - Након тога, ако желите превести нашим страницама кликните језик који сте сачували на ваш избор при прегледању наших уеб страница.

What you see here are the simple instructions of how to translate our website using Google. The English version is on the Home Page of our web site.

Thai

เปิด Google ทั้งหมด - เลือก "เพิ่มเติม" - เลือก "เพิ่มเติม" - เลือก "แปล" - เลือก "เครื่องมือ"-เลือกภาษาของคุณผ่านการคลิกเพียงครั้งเดียวด้านขวา - เลือก "Add to Favorites" - เลือก "ใช่" - เลือก "เพิ่ม" - จากนั้นหากคุณต้องการแปลหน้าเว็บของเราเพียงคลิกภาษาที่คุณบันทึกการโปรดของคุณเมื่อดูเว็บไซต์ของเรา.

The 8 languages we've chosen to put in this months newsletter were picked due to some problems we encountered while translating the instructions.

Ukranian

Відкрийте Google - виберіть "Додатково" - Виберіть пункт "Ще" - Виберіть "Переклад" - виберіть "Сервіс"-Виберіть мову за допомогою одного натискання на правій - виберіть "Додати до вибраного" - виберіть "Так" - виберіть "Додати" - Тоді, якщо ви хочете перевести наші веб-сторінки, просто натисніть на мові збережених на вашому обраному при перегляді нашого сайту.

The rest of the translation instructions can be found by following these links on our Home Page:

- Go to left hand column
- Under "Employees"
- Under "Our Services"
- Click on "Website Translation"

Vietnamese

Đã giải quyết của Google - Chọn "Xem thêm" - Chọn "Thậm chí nhiều hơn" - Chọn "phiên dịch" - Chọn "Công cụ"-Chọn ngôn ngữ của bạn thông qua một nhấp chuột duy nhất ở bên phải - Chọn "Thêm vào Yêu thích" - Chọn "Có" - Chọn "Thêm" - Sau đó, nếu bạn muốn dịch các trang web của chúng tôi chỉ cần nhấp vào ngôn ngữ mà bạn lưu vào mục yêu thích của bạn khi xem trang web của chúng tôi.

We hope you have fun and enjoy this new feature.

## WHAT IS APPRENTICESHIP ?

Apprenticeship is an agreement between a person (an apprentice) who wants to learn a skill and an employer who needs a skilled worker. Apprenticeship is a proven industry-based learning system that combines on-the-job experience with technical classroom training to produce a certified journeyperson. For some apprentices, especially in Quebec, the technical classroom training can be taken upfront through the secondary school system, followed by successive years of on-the-job training. Upon completion of the specified training period, apprentices receive a Certificate of Qualification. On average, 80% of the apprentice's two to five year program is spent in the workplace; the rest is spent at a training institution.



Each province and territory has the responsibility for apprenticeship training. Canada currently has 13 different apprenticeship systems, where each province and territory governs their own training and certification policies.

Legislation permits provinces and territories to designate apprenticeship programs for their own requirements.

Over 200 apprenticeship programs are currently available across Canada.

The Government of Canada recognizes that the skilled trades are essential to building and maintaining Canada's place in the knowledge-based economy. It has a clear role in supporting interprovincial labour mobility in the skilled trades and in encouraging more Canadians to pursue apprenticeships and hence meet the growing need for skilled tradespeople that is crucial to the sustained growth of the economy. Any other questions in regards to apprenticeships or trade related issues call our office at {519-256-4597}

Tim Croppo  
.Skilled Trades Coordinator

## UPDATE ON BACK 2 SCHOOL

### Heavy Equipment Operator

The recent open house we held at Local 195 certainly generated a lot of interest. Well over 100 people attended the session and 76 made an initial application. However, by the time all was said and done 85 members put their names forward to begin the process.

The Assessment Centre has done a fantastic job moving our people through the system as quickly and efficiently as possible.

At the time of writing this it looks as though around 40 people will be going to school for this course.



### Facilities Mechanic

The candidates have been selected from the initial list of interested members.

Around 52 people originally applied to be accepted and when the screening process was complete there were 25 successful candidates.

The schedules have been finalized by St. Clair College and classes are to begin on March 30th.

The course is 24 weeks long plus a 4 week job placement at the end.

We will keep you informed of how they are progressing and we wish all of them luck as they embark on their new chosen career.

Max Nimmo - Coordinator

## JOB DEVELOPMENT—IT'S NOT ALL DOOM & GLOOM

When I was first approached with the offer of becoming the job developer here at the Community Labour Centre I was a bit hesitant definitely thinking that I was being set up to fail! I mean look at the economy, seriously how am I supposed to try to approach potential employers and ask if they are hiring. What I have found is that I have been pleasantly surprised.

I have just started contacting all of the employers in the community and have actually had a few workplaces that have been looking for workers and am anticipating that in the coming weeks there will be more. There seems to be a demand for general labourers in seasonal type work, as well as work in different fields. The employers have been more than happy to hear from us too! They seem to be liking the fact that the workers and the employers are not being charged a fee for using the centres resources and also that most of our members qualify for the Targeted Wage Subsidy (TWS) Program. If you are unfamiliar with the TWS program please call one of the peer helpers here at the Community Labour Adjustment Centre and they will gladly help direct you as to how you can get signed up for the program.



There has also been a positive response from other employers that may not be doing any hiring right now but that have said when they find themselves in a position to hire they will definitely give us a call. So if you have yet to visit the centre please come on down and drop off your resume, the worst thing that can happen is that it will count towards your job search!

There are also a few other options that you have in the meantime. You can access the government retraining programs and become what you always wanted to be when you grow up or look into self employment through the Self Employment Assistance program.

Bonnie Machacek - Job Developer

**THIS ADJUSTMENT COMMITTEE IS MADE  
POSSIBLE THROUGH FUNDING FROM  
THE PROVINCE OF ONTARIO**

### Mahle Labour Adjustment Committee

- 1801 Walker Road, Windsor, N8W 3P3
- Tel: 519-256-2424
- Fax: 519-977-9076
- E-Mail Addresses
  - mahlelabouradjustment@yahoo.ca
  - mahlepeerhelper@yahoo.ca

Chairperson:

John Toth

Coordinator:

Max Nimmo

Employment Counselor:

Sue Kelsh

Job Developer:

Bonnie Machacek

Peer Helpers:

Lisa Benest  
Lisa Todd  
Sara Jane Coates  
Richard Hart  
Bonnie Palazzolo

### **HEINZ ~ A LAST REMINDER**

#### Heinz remaining April Dates

6th, 7th, 8th  
14th, 15th, 18th  
20th, 21st, 22nd & 25th

Merchandise can be picked up at  
85 Wilkinson Drive, Leamington